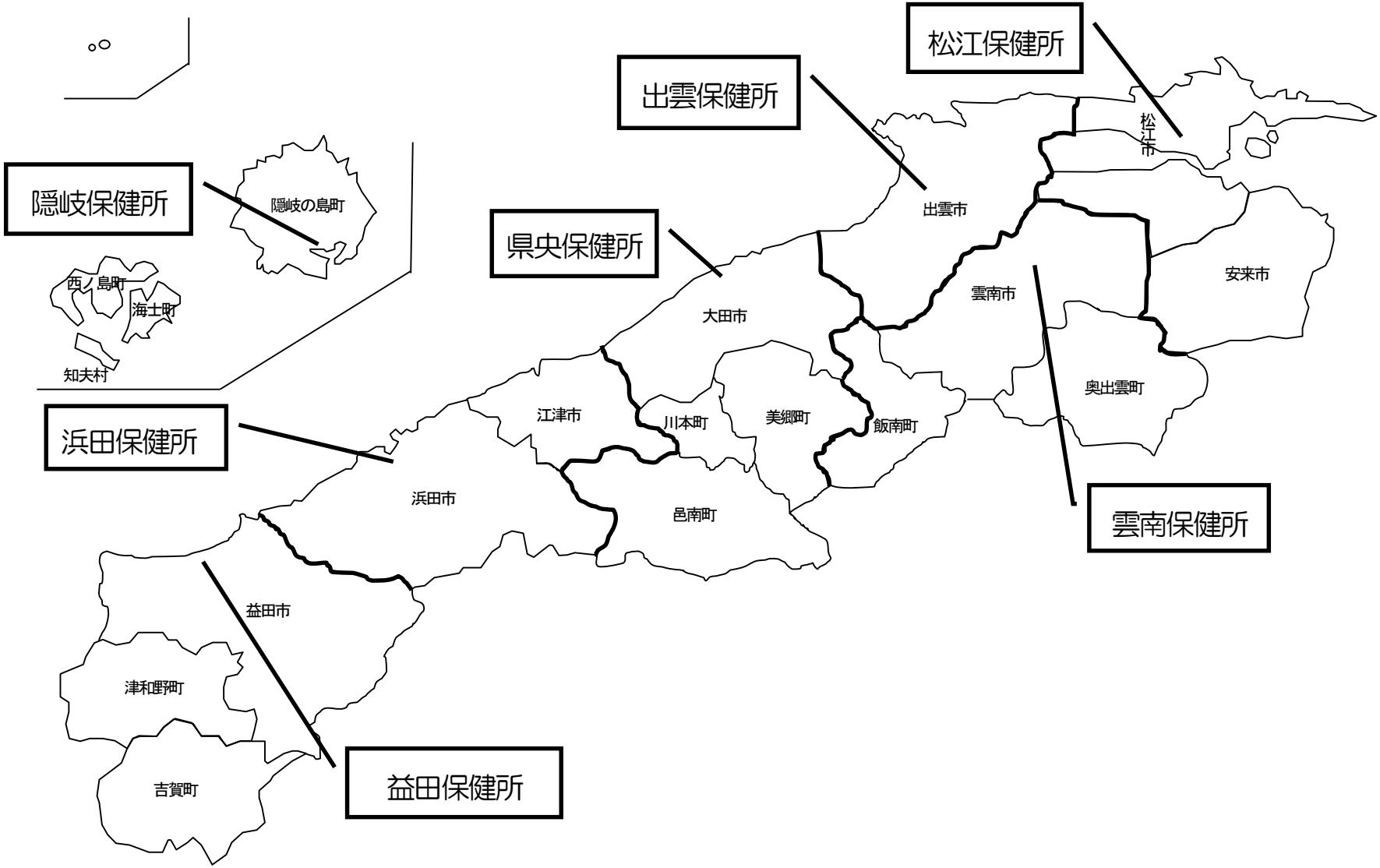保健所の所管区域（平成 30 年４月１日現在）