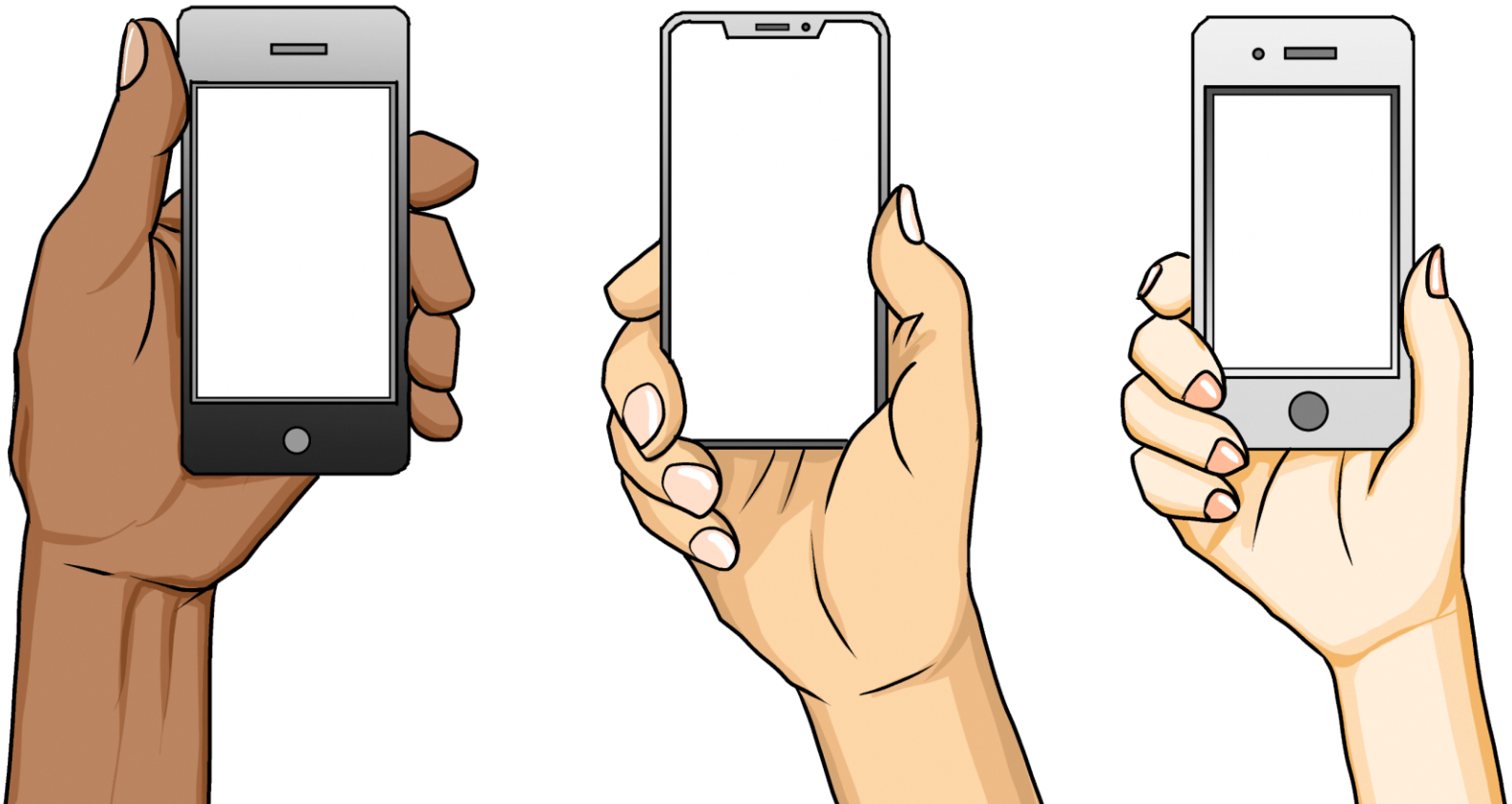
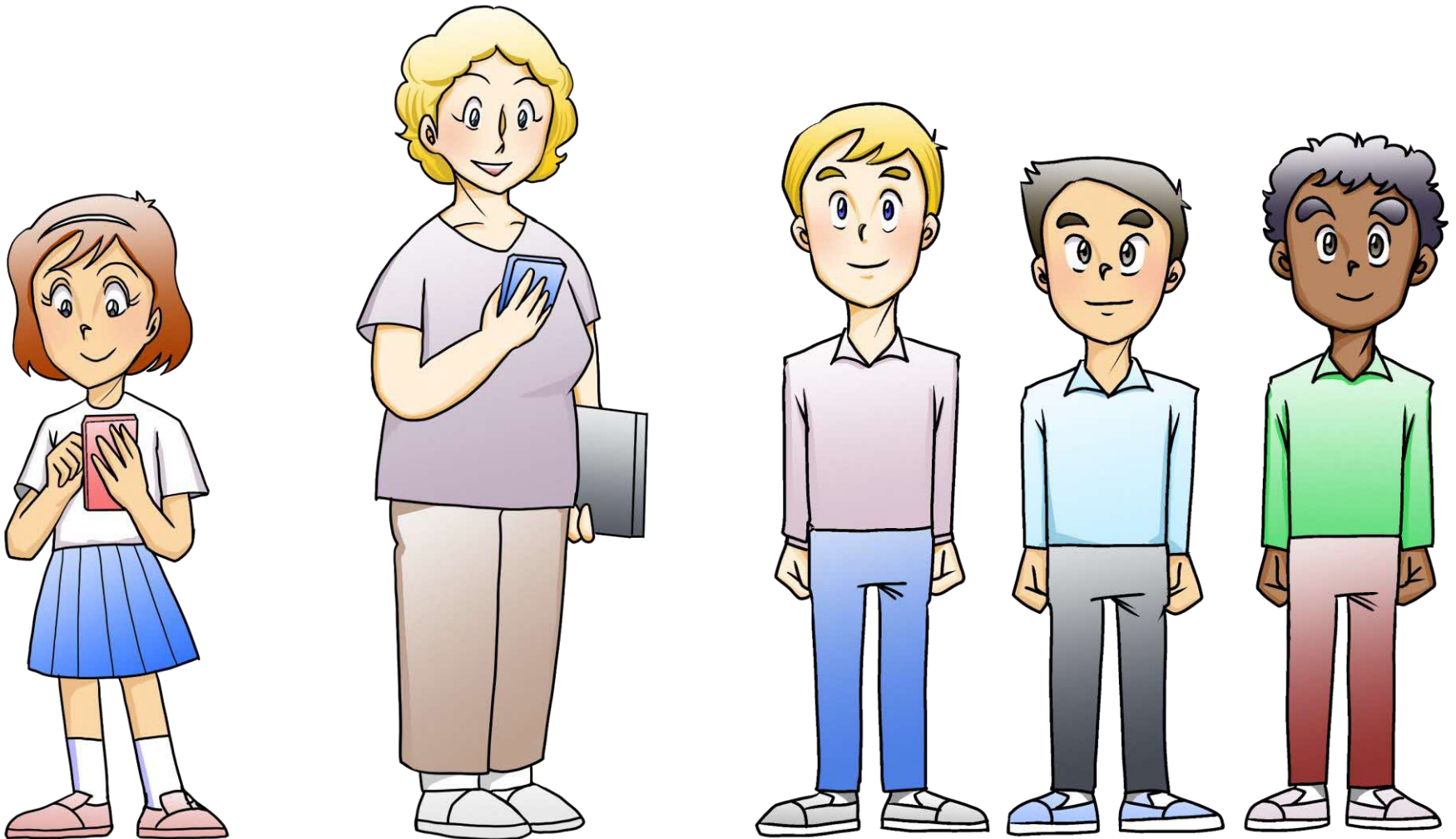


Let's think about information that you share with other people on the internet!



# How do you protect your privacy online?



# What is privacy?

Privacy is about your family, your lifestyle, and any secrets about yourself.

Privacy means your right for others to not interfere in or abuse the things above.



# What is personal information?

Personal information is any information that can identify you. For example, your:

- Name
- Home address
- Date of birth
- Telephone number
- School name
- Names of family members
- Profile picture



# Hints to Protect Your Privacy



Check privacy settings on the apps you use. Make sure that you aren't accidentally sharing information or allowing the app to access your information.

Check the “personal information” section of privacy policies to make sure that the app will not use your personal information or usage history.

# Be aware that your activity on the internet is recorded

- There are times when your activity on the internet or private information is recorded.
- When using the internet, make sure to protect your privacy and personal information, as well as the privacy and personal information of other people.



If you need help, support is available in multiple languages.

Foreign-language Human Rights Hotline  
(Ministry of Justice)



Navi Dial  
**0570-090911**

Shimane Multicultural General Consultation  
“One Stop Center”  
(Shimane International Center)



Consultation Hotline  
**070-3774-9329**

**Mon–Fri (except holidays & New Year’s) 9:00–17:00**



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