# Nuclear Disaster **Prevention**

What should you do if an accident occurs at a nuclear power plant?

Here is what is necessary to know in order to protect yourself.

# **Nuclear Power Plant in Shimane Prefecture**

In Shimane Prefecture, Chugoku Electric Power's Shimane Nuclear Power Plant is located in Kashimacho, Matsue-shi.

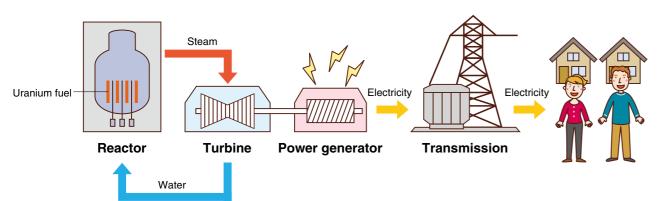


\*Operation of Reactor 1 was terminated and Reactor 3 is under construction.



# **Location of Shimane Nuclear Power Plant**

At a nuclear power plant, power is generated by generating heat using uranium as fuel, and boiling water using this heat to generate steam to rotate turbines and power generators.



## What are Radiation and Radioactive Substances?

When electricity is generated by nuclear power, it generates not only energy but also radioactive substances. Radiation is emitted from these radioactive substances.

#### **Characteristics of Radiation**

- Invisible, odorless, and cannot be felt by the human body.
- There are several types of radiation and its ability to pass through objects differs depending on the type of radiation.
- It can be accurately measured using specialized measuring devices.

### Types of radiation and its ability to pass through objects Stops $\beta$ rays Stops $\gamma$ rays/x rays Stops a ravs Alpha (α) ray Beta (β) ray Gamma (γ) ray X (x) ray Thin metal plates Thick lead and

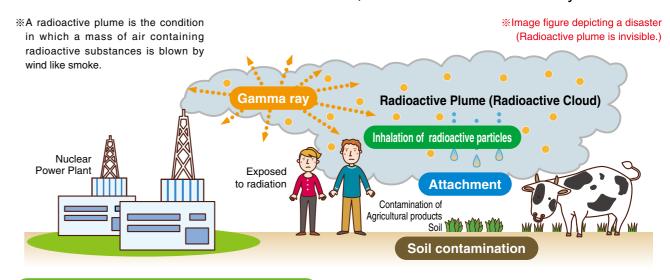
such as aluminum

iron plates

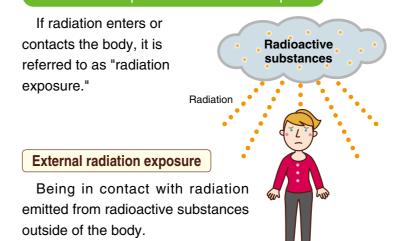
## What is a nuclear disaster?

A nuclear disaster is the emission of a large amount of radioactive substances outside of a nuclear power plant.

If we breathe in a large amount of radioactive substances or are exposed to radiation emitted from radioactive substances, our bodies will be adversely affected.



#### External radiation exposure and internal radiation exposure



#### Internal radiation exposure

Exposure to radiation as a result of radioactive substances entering into the body by consuming contaminated food/drinks or breathing in radioactive substances. Radioactive substances

# **5** When an accident occurs

## Listen to announcements carefully



- Do not panic and listen to the announcements carefully. In the case of being outdoors, public announcement vehicles will provide you with information.
- Check what you should do by watching or listening to broadcasts and TV programs from the city.

## Stay calm



Listen to instructions carefully, and take action on whether to stay home or evacuate to a distant location.

# Close windows and doors and turn off ventilation fans so that outside air will not enter. Keep away from windows. If you come in from outdoors, wash hands and face and change clothes. Place the changed clothes in a plastic bag. Radiation exposure can be reduced by simply staying indoors.

- Unlike heavy rain and earthquakes, you cannot feel radiation on your body. (Invisible, odorless and you cannot feel it on your skin.)
- You cannot know the magnitude of damage on your own.

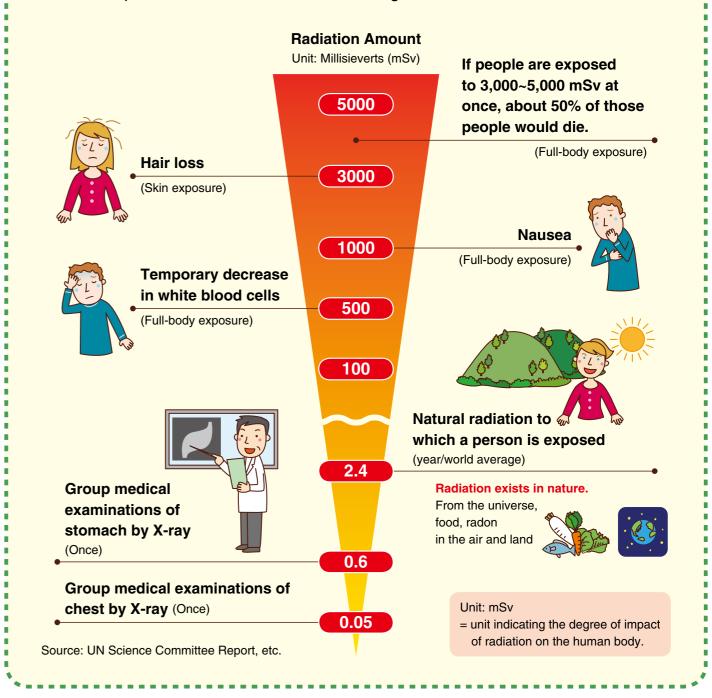
It is important to act in accordance with the instructions of Shimane Prefecture and the city.

## **Daily Life and Radiation**

Radiation exists all around us. Everyone has been exposed to natural radiation existing in nature since birth. Radiation is used in a variety of scenes in our life such as X-rays for medical examinations.

The amount of radiation to which we are exposed in our daily life is negligible and does not adversely affect our health. But if we are exposed to large amounts of radiation, it will adversely affect our health.

It is important to have the correct knowledge about radiation.



## 🗫 Shimane Prefecture, Disaster Prevention Department, Nuclear Power Safety Policy Division

1 Tonomachi, Matsue-shi, Shimane 690-8501 TEL0852-22-5696 FAX0852-22-5930



Homepage: http://www.pref.shimane.lg.jp/genan/ E-mail: gen-an@pref.shimane.lg.jp