

November 25th Message from the Governor (Extract)

To all citizens of Shimane Prefecture,

Based on current trends in Shimane Prefecture regarding new patients, as well as current infection trends in Japan, we request the following to all prefectural citizens.

(Thorough Practice of Basic Infection Prevention Measures)

To prevent infections at work and among family members, we ask all prefectural citizens to beware of the “5 situations” which the Government of Japan is warning citizens about: social gatherings involving alcohol consumption, dining in large groups or for a long period of time, not wearing a mask while having conversations, living with others in a small space, or moving to a new location. We also ask all citizens to continue practicing basic infection prevention measures such as:

- ① Avoiding the “Three Cs”
- ② Social distancing
- ③ Wearing a mask
- ④ Hand hygiene (washing your hands, etc.)

(Thorough Ventilation During the Winter Season)

To prevent the spread of COVID-19 during winter, we ask citizens to sufficiently ventilate rooms while maintaining a suitable indoor environment (temperature, humidity, etc.), according to the Government of Japan’s guide entitled “Points to Prevent the Spread of COVID-19 in Cold Places.”

(When Travelling to Regions with Infection Outbreaks)

When travelling to regions with spreading infections, such as Hokkaido, Tokyo, Osaka, Okinawa, etc., please be careful and thoroughly practice infection prevention measures.

(Food and Drink Establishments)

Regarding the use of food and drink establishments:

- ① When visiting food and drink establishments for the purpose of alcohol consumption, please exercise caution, such as (especially) not talking in a loud voice, and leaving space between seats. This request assumes that citizens will only visit establishments that thoroughly practice infection prevention measures.
- ② When travelling outside of Shimane Prefecture, please continue to refrain from visiting food and drink establishments where staff may entertain customers.

(Contact Tracing App)

To prevent infections, we ask all citizens to install and use the “COVID-19 Contact Confirming Application (COCOA),” provided by the Ministry of Health, Labour and Welfare.

(Prevent Prejudice and Discrimination Toward Infected Individuals)

We ask citizens to strictly refrain from spreading insults and rumors on the internet and social media about infected individuals and people close to them. Please act in a calm manner while showing consideration for human rights, based on information from public institutions such as prefectural and municipal governments.

In order to protect the health, lives, and lifestyles of all citizens, as well as businesses in the prefecture, we will continue to monitor the situation across Japan. We will do everything in our power to prevent the spread of infections, strengthen medical systems, and revive the local economy, while closely coordinating with the Government of Japan, local governments, and medical institutions. We ask all citizens for your understanding and cooperation.

25 November 2020

Maruyama Tatsuya
Governor of Shimane Prefecture