

To all citizens of Shimane Prefecture,

Based on current trends in Shimane Prefecture regarding new patients, as well as current infection trends in Japan, we request the following to all prefectural citizens.

(Thorough Practice of Basic Infection Prevention Measures)

As before, we ask all citizens to continue practicing basic infection prevention measures such as:

- ① Avoiding the “Three Cs”
- ② Social distancing
- ③ Wearing a mask
- ④ Hand hygiene (washing your hands, etc.)

(Use of Food and Drink Establishments)

Until now, we have requested citizens to refrain from visiting food and drink establishments for the purpose of alcohol consumption with guests from outside the prefecture. However, we hereby remove this request.

- ① From now on, when visiting a food and drink establishment for the purpose of alcohol consumption with guests from outside the prefecture, please exercise caution, such as (especially) not talking in a loud voice, and leaving space between seats. This request assumes that citizens will visit establishments that thoroughly practice infection prevention measures.
- ② When traveling outside of Shimane Prefecture, please continue to refrain from visiting food and drink establishments where staff may entertain customers.

(Use of Contact Confirming Application)

In order to prevent the spread of infections, we ask all citizens to proactively install and use the COVID-19 Contact App (COCOA) provided by the Ministry of Health, Labour and Welfare.

(Prevent Prejudice and Discrimination Toward Infected Individuals)

We ask citizens to strictly refrain from spreading insults and rumors on the internet and social media about infected individuals and people close to them. Please act in a calm manner while showing consideration for human rights, based on information from public institutions such as prefectural and municipal governments.

In order to protect the health, lives, and lifestyles of all citizens, as well as businesses in the prefecture, we will continue to do everything in our power to prevent the spread of infection, strengthen medical systems, and revive the local economy, while closely coordinating with the Government of Japan, local governments, and medical institutions. We ask all citizens for your understanding and cooperation.

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Maruyama Tatsuya
Governor of Shimane Prefecture