

# N1H1 Virus Vaccination Schedule

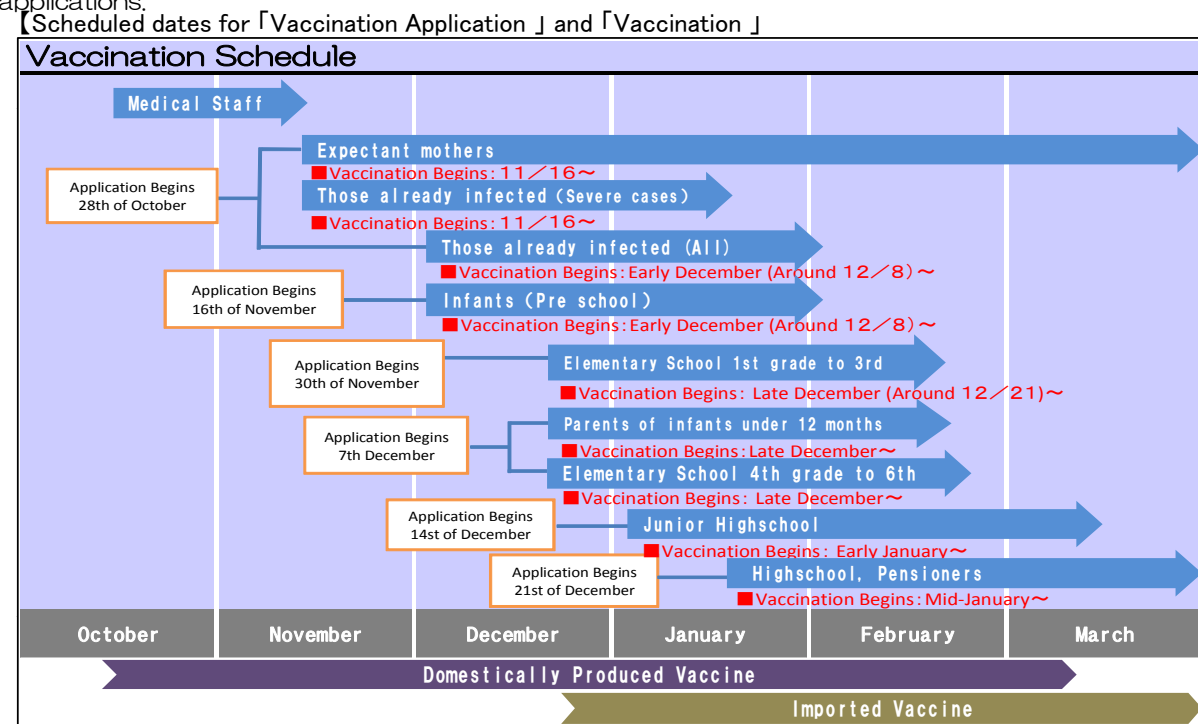
## What is the N1H1 virus vaccination?

- Benefits of Vaccination : Prevents development of severe cases
  - One can prevent severe symptoms (Prevention of infection is not guaranteed)
- Possible side effects : things like fever and swelling
  - ※ There is also a slight chance of severe side effects
- Vaccination dose : Most healthcare professionals recommend two shots
  - (One shot for expectant mothers, those with underlying conditions, guardians of children under the age of 1 and the elderly)

➡ Please consider the benefits and risks involved before receiving a vaccination

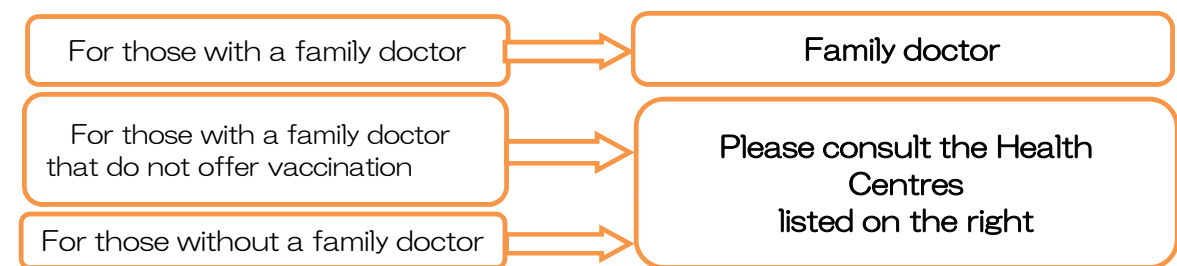
## Vaccination priority

- Those given 「vaccination priority」, along with 「2nd priority」 and 「3rd priority」 are listed on the diagram below.
- Please wait until the vaccination application period begins before making inquiries to medical facilities regarding vaccination shots. ※ Be aware that the order of vaccination will be decided after consideration of things like the condition of disease as opposed to the chronological order of applications.



※ Those not listed above will be dealt with when the demand for vaccination allows  
 ※ Priority within the group 「Those already infected (Severe cases)」 will be given in the following order: those diagnosed, hospitalized, young infants, from 1 year olds to elementary school 3rd graders and cases most at risk of getting worse.

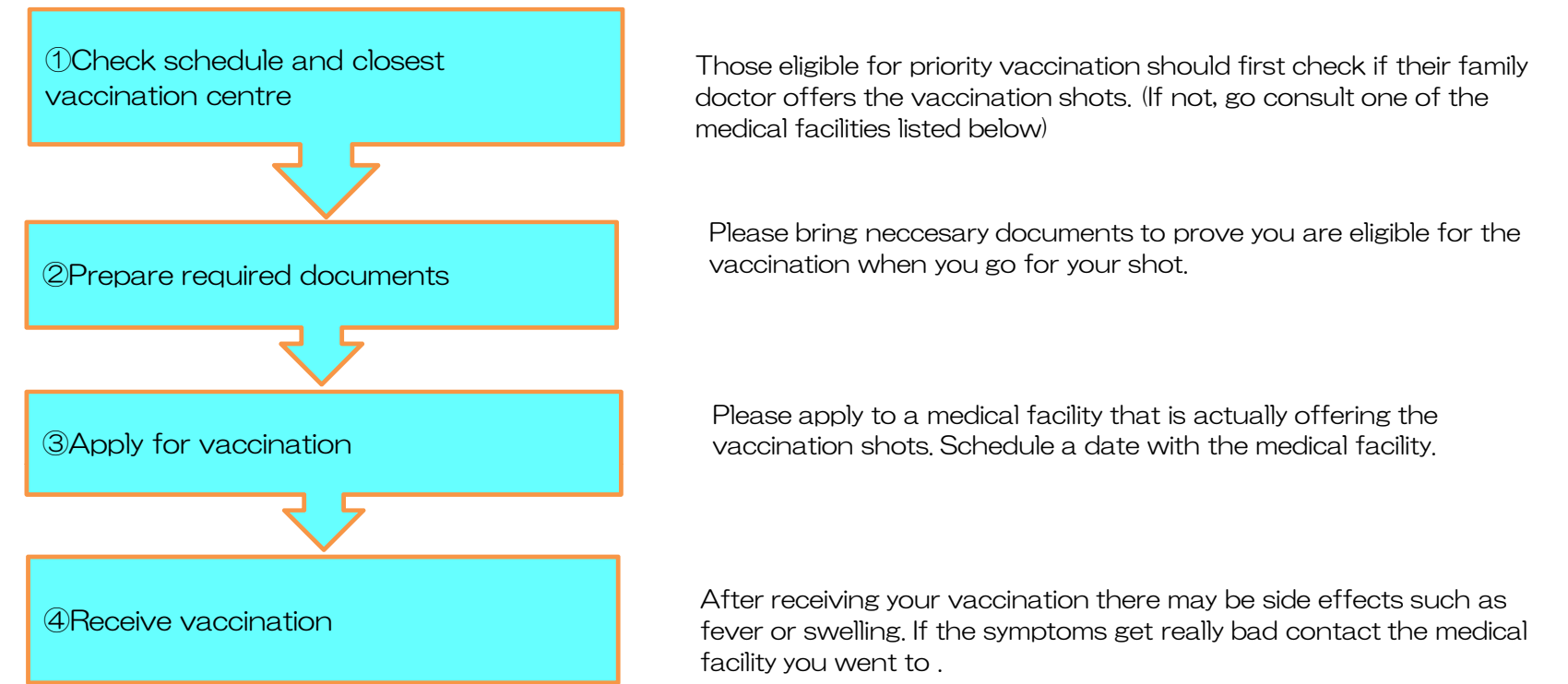
## Vaccination Centres (Medical)



## The cost of Vaccination (Self Pay)

- First : ¥3,600, Second : ¥2,550 (¥3,600 if received in a different place from the first)
- ※ The recommended vaccination dose may be reduced down to one shot

## Vaccination process



## List of required documents

Priority Group Classification	Documents Required
① Expectant mothers	• Maternity Health Record Book
② Those already infected	• 「Proof of your condition (Prescription from family doctor)」 ※ Not needed if receiving the vaccination from your family doctor
③ Infants, from 1 year olds to 3rd graders	• 「Maternity Health Record Book」 OR 「Health Insurance Card」
④ Parents of infants under 12 months	• 「Maternity Health Record Book」 OR 「Health Insurance Card」 Or 「Certification of Residence」 showing the child lives with you
⑤ For those caring for someone in the priority group physically unable to receive vaccination by themselves	• 「Proof of priority group classification」 • 「Health Insurance Card」 Or 「Certification of Residence」 (To prove that you are living with person physically unable to receive the vaccination themselves)
⑥ Elementary School 4th grade to 6th	• 「Health Insurance Card」, 「Student Card」, 「Drivers License」 or 「Certificate of Residence」 (Proving your age)
⑦ Those over 65 years old	

Please enquire about vaccine shot application at the following places (Weekdays : 9 : 00 ~ 17 : 00)

Matsue Health Centre	TEL 0852-23-1355	Unnan Health Centre	TEL 0854-42-9635
Izumo Health Centre	TEL 0853-21-1185	Central Shimane Health Centre	TEL 0854-84-9810
Hamada Health Centre	TEL 0855-29-5557	Masuda Health Centre	TEL 0856-31-9550
Oki Health Centre	TEL 08512-2-9900	Oki Health Centre (Shimamae)	TEL 08514-7-8121
Shimane Prefecture Health Promotion Divisi	TEL 0852-22-6131	Shimane Prefecture Pharmaceutical Sanitation Divis	TEL 0852-22-6530

○ Please refer to topics such as 「N1H1 Virus Vaccination Schedule」 on the Shimane Prefecture Homepage (<http://www.pref.shimane.lg.jp>)

※ If you require of financial assistance please enquire at your local municipal office