

N1H1 Virus Vaccination Schedule

What is the N1H1 virus vaccination?

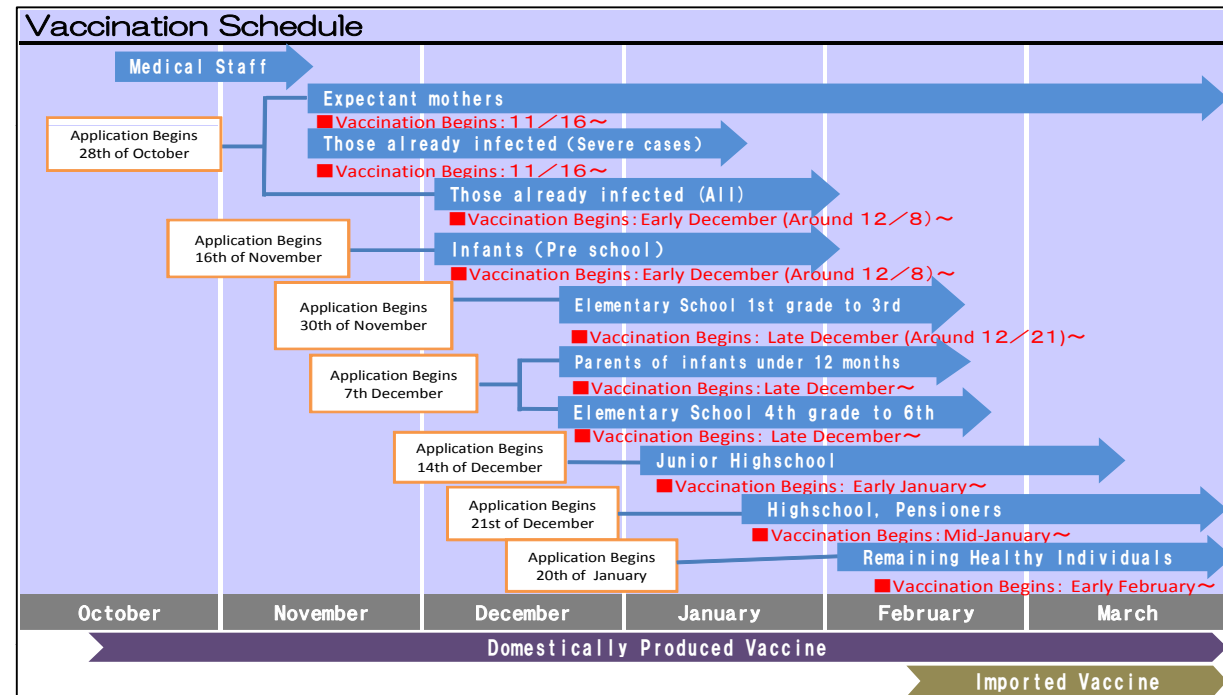
- Benefits of Vaccination : Prevents development of severe cases
→ One can prevent severe symptoms (Prevention of infection is not guaranteed)
- Possible side effects : things like fever and swelling
※ There is also a slight chance of severe side effects
- Vaccination dose : Most healthcare professionals recommend two shots
(One shot for expectant mothers, those with underlying conditions, guardians of children under the age of 1 and the elderly)

➡ Please consider the benefits and risks involved before receiving a vaccination

Vaccination priority

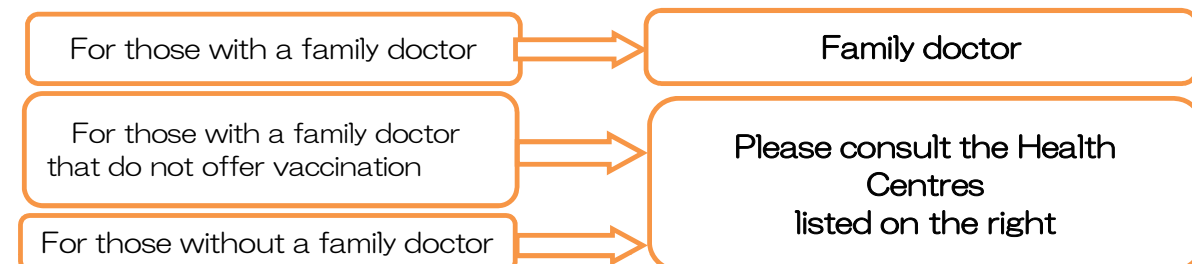
- Those given 「vaccination priority」, along with 「2nd priority」 and 「3rd priority」 are listed on the diagram below.
- Please wait until the vaccination application period begins before making inquiries to medical facilities regarding vaccination shots. ※ Be aware that the order of vaccination will be decided after consideration of things like the condition of disease as opposed to the chronological order of applications.

【Scheduled dates for 「Vaccination Application」 and 「Vaccination」】



※ Those not listed above will be dealt with when the demand for vaccination allows
 ※ Priority within the group 「Those already infected (Severe cases)」 will be given in the following order: those diagnosed, hospitalized, young infants, from 1 year olds to elementary school 3rd graders and cases most at risk of getting worse.

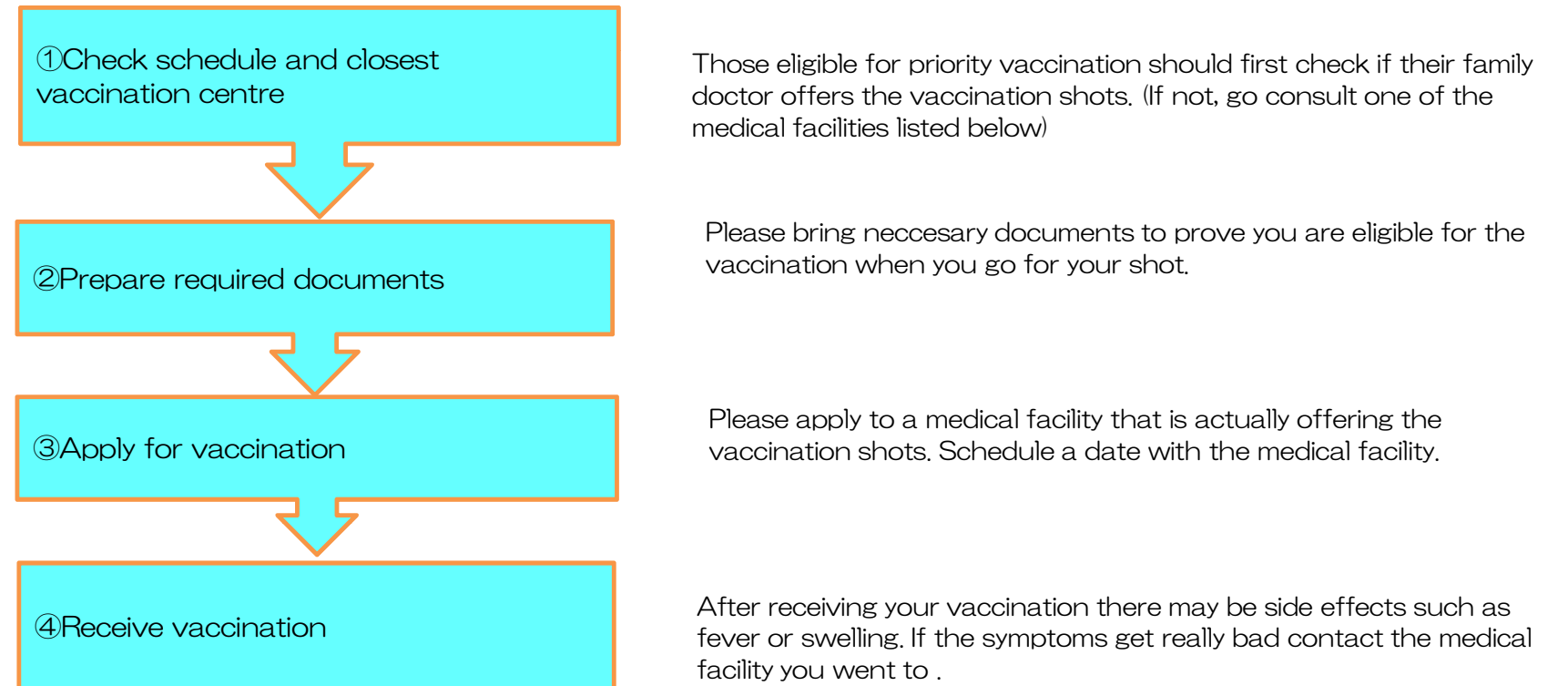
Vaccination Centres (Medical)



The cost of Vaccination (Self Pay)

- First : ¥3,600, Second : ¥2,550 (¥3,600 if received in a different place from the first)
- ※ The recommended vaccination dose may be reduced down to one shot

Vaccination process



List of required documents

Priority Group Classification	Documents Required
① Expectant mothers	• Maternity Health Record Book
② Those already infected	• 「Proof of your condition (Prescription from family doctor)」 ※ Not needed if receiving the vaccination from your family doctor
③ Infants, from 1 year olds to 3rd graders	• 「Maternity Health Record Book」 OR 「Health Insurance Card」
④ Parents of infants under 12 months	• 「Maternity Health Record Book」 OR 「Health Insurance Card」 Or 「Certification of Residence」 showing the child lives with you
⑤ For those caring for someone in the priority group classification physically unable to receive vaccination by themselves	• 「Proof of priority group classification」 • 「Health Insurance Card」 Or 「Certification of Residence」 (To prove that you are living with person physically unable to receive the vaccination themselves)
⑥ Elementary School 4th grade to 6th	• 「Health Insurance Card」, 「Student Card」, 「Drivers License」 or 「Certificate of Residence」 (Proving your age)
⑦ Those over 65 years old	

Please enquire about vaccine shot application at the following places (Weekdays : 9 : 00 ~ 17 : 00)

Matsue Health Centre	TEL 0852-23-1355	Unnan Health Centre	TEL 0854-42-9635
Izumo Health Centre	TEL 0853-21-1185	Central Shimane Health Centre	TEL 0854-84-9810
Hamada Health Centre	TEL 0855-29-5557	Masuda Health Centre	TEL 0856-31-9550
Oki Health Centre	TEL 08512-2-9900	Oki Health Centre (Shimamae)	TEL 08514-7-8121
Shimane Prefecture Health Promotion Division	TEL 0852-22-6131	Shimane Prefecture Pharmaceutical Sanitation Division	TEL 0852-22-6530

○ Please refer to topics such as 「N1H1 Virus Vaccination Schedule」 on the Shimane Prefecture Homepage (<http://www.pref.shimane.lg.jp>)

※ If you require of financial assistance please enquire at your local municipal office